

RDDA STANDARDS OF PRACTICE (Birth Doulas Only)

Services Rendered The Birth Doula:

- Strives to provide continuous support for the length of time that her client requires it.
- Accompanies the woman in labour, provides emotional and physical support, suggests comfort measures and provides support and suggestions for the partner.
- Does not displace existing support persons, but rather facilitates their full participation in supporting the client.
- Respects the client's right to self determination by not speaking for her, nor making decisions for her. She helps the mother incorporate changes to her birth plan if and when the need arises and enhances communication between the client and the care giver.
- Works as a member of the larger birth team.
- Does not perform medical or nursing tasks such as taking blood pressure or temperature, fetal heart tone checks, vaginal exams or postpartum clinical care.
- Does not attend planned unassisted home births.
- Makes back-up arrangements with another doula to ensure services to the client if the doula is sick or unable to be reached. Should any doula feel the need to discontinue service to an established client, it is the doula's responsibility to notify the client in writing.
- Will make referrals to appropriate resources should the client needs be beyond the scope of the doula's training.

RDDA CODE OF ETHICS (Birth Doulas Only)

Primacy of Client's Interests

- The doula's primary responsibility is to support her client.

Confidentiality and Privacy

- The doula should respect the privacy of clients and hold in confidence all information obtained in the course of professional service.

Competence and Professional Development

- The doula should strive to become and remain proficient in the professional practice and the performance of professional functions through continuing education, affiliation with related organizations, and associations with other Labour Support Providers.

Community Service

- The doula should assist the profession in making labour support services known to the general public.

Fees

- When setting fees, the doula should ensure that they are fair, reasonable and considerate and commensurate with services performed.

As a member of the Red Deer Doula Association I have read the RDDA's current Standards of Practice and Code of Ethics and agree to abide by these guidelines.

I acknowledge that I have read and agree to abide by the above Standards of Practice and Code of Ethics

Name \_\_\_\_\_ Signature \_\_\_\_\_ Date \_\_\_\_\_

RDDA STANDARDS OF PRACTICE (Postpartum Doulas Only)

Services Rendered The Postpartum Doula:

- Cares for the mother and her family in their home in the weeks following birth and as needed throughout the first year.
- Provides non-medical support and companionship, assists with newborn care and sibling adjustment, meal preparation and household organization.
- Offers evidence-based information on infant feeding, emotional and physical recovery from childbirth and other issues related to the postpartum period.
- Does not perform clinical or medical tasks such as examining the mother or baby, or taking temperatures, blood pressure checks, or any other type of postpartum clinical care.
- When the postpartum doula agrees to work with a particular client, the obligation is to do so reliably, to the best of the doula's ability, for the term of the agreement. Should any doula feel a need to discontinue service to an established client, it is the doula's responsibility to notify the client in writing.
- For client needs beyond the scope of the postpartum doula's training, referrals are made to the appropriate resources.

RDDA CODE OF ETHICS (Postpartum Doulas Only)

Primacy of Client's Interests

- The postpartum doula's primary responsibility is to support her client.

Confidentiality and Privacy

- The postpartum doula should respect the privacy of clients and hold in confidence all information obtained in the course of professional service.

Competence and Professional Development

- The postpartum doula should strive to become and remain proficient in the professional practice and the performance of professional functions through continuing education, affiliation with related organizations, and associations with other postpartum support providers.

Community Service

- The postpartum doula should assist the profession in making postpartum support services known to the general public.

Fees

- When setting fees, the postpartum doula should ensure that they are fair, reasonable, considerate and commensurate with services performed.

As a member of the Red Deer Doula Association I have read the RDDA's current Standards of Practice and Code of Ethics and agree to abide by these guidelines.

I acknowledge that I have read and agree to abide by the above Standards of Practice and Code of Ethics

Name \_\_\_\_\_ Signature \_\_\_\_\_ Date \_\_\_\_\_